

Personal Protection Equipment (PPE) Training for when treating someone positive for the Pandemic Flu

4/14/2020

Compliance Department



What is Personal Protective Equipment ?



Personal Protective Equipment (PPE) is protective gowns, gloves, masks, face shields and other items to protect the wearer's body from infection.



The CDC and the State of Ohio recommend that people wear PPE during the COVID-19 pandemic to protect themselves and the individual they are around serve.



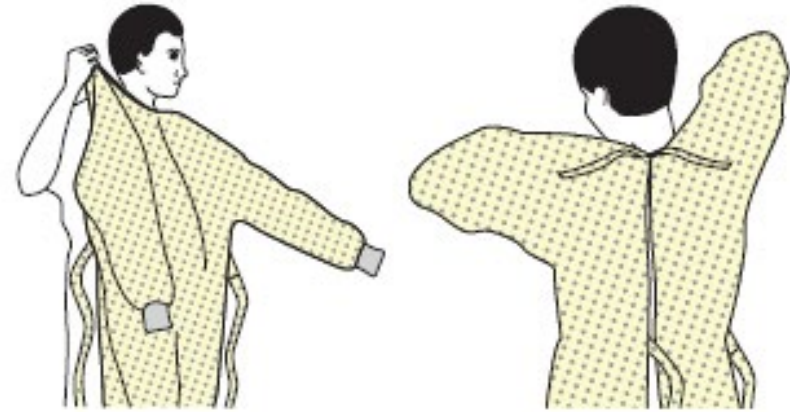
Please use the guidelines provided on how to put on and take off PPE to reduce any exposure when providing services to someone who has tested positive for the pandemic flu.

Sequence for Putting On PPE

The type of PPE used will vary based on the level of precautions required, such as standard and contact, droplet or airborne infection isolation precautions. The procedure for putting on and removing PPE should be tailored to the specific type of PPE.

1. GOWN

- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- Fasten in back of neck and waist



2. MASK OR RESPIRATOR

- Secure ties or elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator



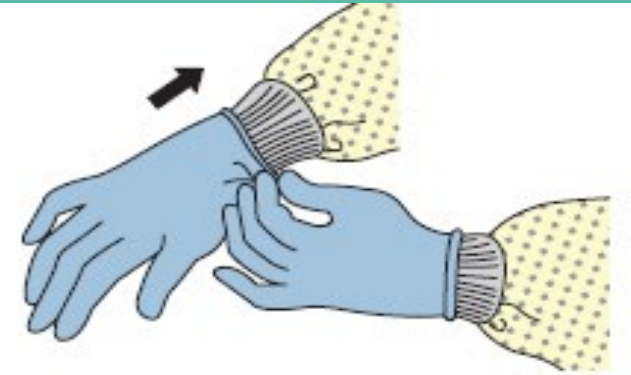
3. GOGGLES OR FACE SHIELD

- Place over face and eyes and adjust to fit



4. GLOVES

- Extend to cover wrist of isolation gown



USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene



Four Step Removal of Personal Protective Equipment Video

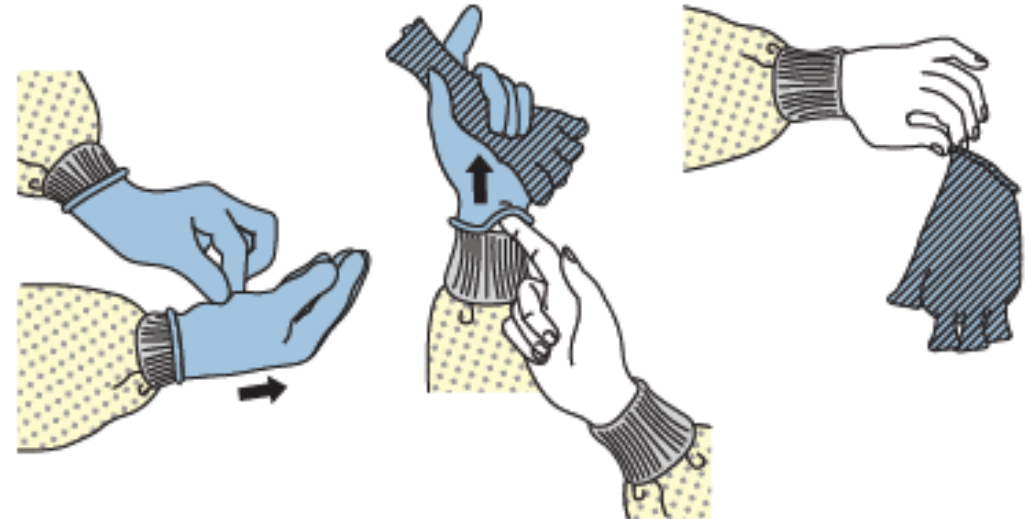
- Please watch the following video. This video is the 4 step process for removing PPE.
- [Four Step Removal of Personal Protective Equipment Video](#)

Sequence Removing PPE

There are a variety of ways to safely remove PPE without contaminating your clothing, skin, or mucous membranes with potentially infectious materials. Here is one example. **Remove all PPE before exiting the patient room except a respirator, if worn. Remove the respirator after leaving the patient room and closing the door.** Remove PPE in the following sequence:

1. GLOVES

- Outside of gloves are contaminated!
- If your hands get contaminated during glove removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove
- Discard gloves in a waste container



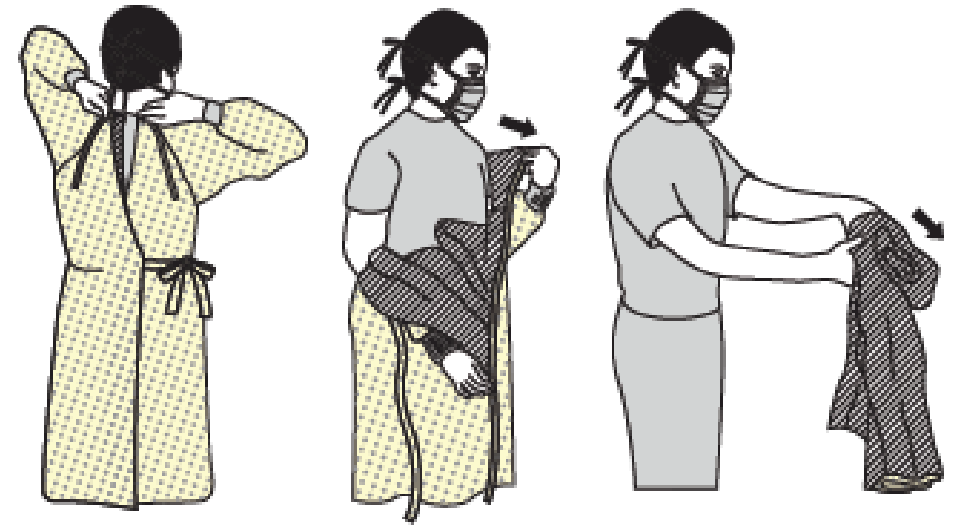
2. GOGGLES OR FACE SHIELD

- Outside of goggles or face shield are contaminated!
- If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Remove goggles or face shield from the back by lifting head band or ear pieces
- If the item is reusable, place in designated receptacle for reprocessing. Otherwise, discard in a waste container



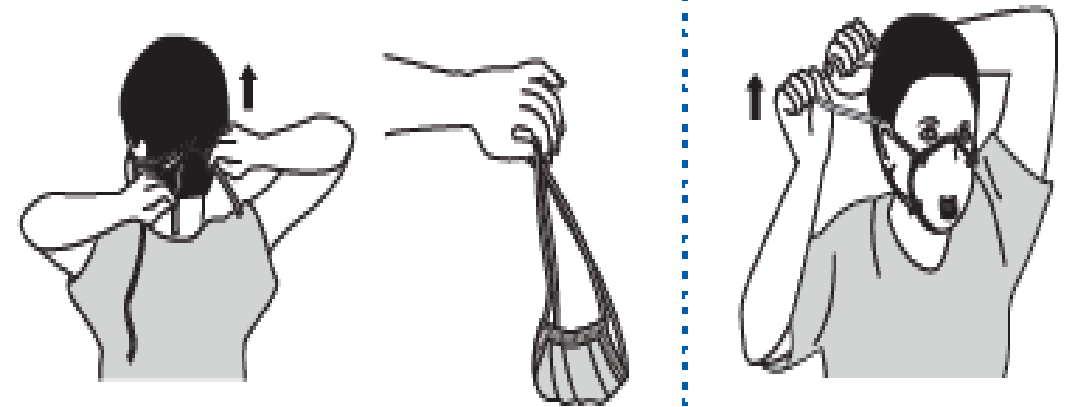
3. GOWN

- Gown front and sleeves are contaminated!
- If your hands get contaminated during gown removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Unfasten gown ties, taking care that sleeves don't contact your body when reaching for ties
- Pull gown away from neck and shoulders, touching inside of gown only
- Turn gown inside out
- Fold or roll into a bundle and discard in a waste container

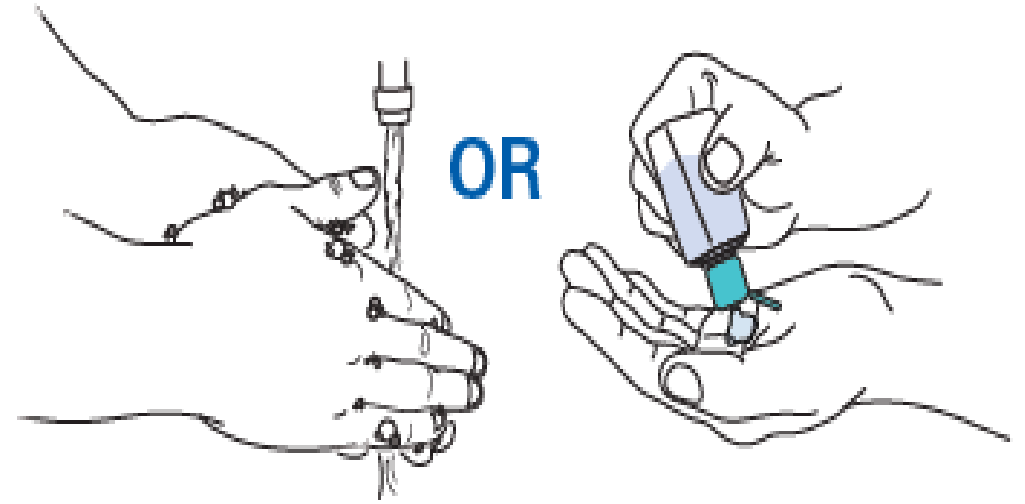


4. MASK OR RESPIRATOR

- Front of mask/respirator is contaminated — DO NOT TOUCH!
- If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
- Discard in a waste container



**5. WASH HANDS OR USE AN
ALCOHOL-BASED HAND SANITIZER
IMMEDIATELY AFTER REMOVING
ALL PPE**



**PERFORM HAND HYGIENE BETWEEN STEPS IF HANDS
BECOME CONTAMINATED AND IMMEDIATELY AFTER
REMOVING ALL PPE**



Personal Protective Equipment Video Series

- The following are additional videos regarding the following topics:
 - Putting on (donning) and taking off (Doffing) PPE
 - Why recycling masks
 - How to take off a cloth gown
 - How to care for a cloth surgical mask for personal use
- [Putting On\(Donning\) and Taking Off\(Doffing\)-CDC Sequence](#)
- [How to care for a cloth surgical mask for personal use](#)
- [How to put on and take off a cloth gown](#)

PPE Postings on the Door

- Please post the following sign on the door, if someone has tested positive for the pandemic flu.



DROPLET PRECAUTIONS

(in addition to Standard Precautions)

STOP VISITORS: Report to nurse before entering.

Personal Protective Equipment (PPE)
Don a mask upon entry into the patient room or cubicle.

Hand Hygiene
according to Standard Precautions.

Patient Placement
Private room, if possible. Cohort or place patient as far away from other patients as possible if private room is not available.

Patient Transport
Limit transport and movement of patients to medically-necessary purposes.
If transport or movement in any healthcare setting is necessary, instruct patient to wear a mask and follow Respiratory Hygiene/Cough Etiquette.
No mask is required for persons transporting patients on Droplet Precautions.

Supporting Documents and Videos

- [Sequence for Putting On Personal Protective Equipment \(PPE\)](#)
- [Four Step Removal of Personal Protective Equipment Video](#)
- [Putting On\(Donning\) and Taking Off\(Doffing\)-CDC Sequence](#)
- [How to care for a cloth surgical mask for personal use](#)
- [How to put on and take off a cloth gown](#)
- PPE Posting on the Door
- All training materials and videos will be posted on the Boundless Employee Portal under *Pandemic Resources* as well as on the Boundless Home SharePoint Home page under *Boundless Helpful Links*.